In collaboration with:





Nutrition Facts alue 1896 Calories Total Fat 129 Saturated Fat 3 10% Trans Fat 39 20% Cholesterol 30mg 20% Sodium 470mg 10% Potassium 700mg Total Carbohydrate 31g 0%

You are invited to a brief presentation by an expert in nutrition followed by a conversation with community members.

SCIENCE CAFÉ

TUESDAY, October 31, 2017

@ 5:30 - 6:30 PM

UNDERSTANDING FOOD & NUTRITION LABELS: The Path to Healthy Food Choices and Weight Loss

Discussion led by:

Andrea Moosreiner, MPH, RD, CD Bio-Nutrition Program Manager, MCW CTSI Adult Translational Research Unit Be part of a discussion about nutrition related research

Learn about research findings and how they relate to your health

Find answers to questions you've always wanted to ask

Light refreshments will be served!

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BUCYRUS CAMPUS

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