You are invited to a presentation by an expert in nutrition followed by a conversation with community members.

**SCIENCE CAFÉ**

**TUESDAY, November 14, 2023**

@ 6:00 – 7:30 PM

**Eat, Drink and be Merry: Healthy Eating During the Holiday Season**

Discussion led by

**Kate Glasenapp DNP, APRN-BC, CDCES, BC-ADM, CBN, CSOWM**

Nurse Practitioner

Co-Director Medical Weight Loss and Bariatric Surgery Program

Division of Endocrinology and Molecular Medicine

Froedtert Hospital and Medical College of WI

Be part of a discussion about healthy nutrition

Learn about research findings and how they relate to your health

Find answers to questions you’ve always wanted to ask

🌟 Dinner will be served at 5:30pm!

Register today in person or at: [https://is.gd/Sciencecafe](https://is.gd/Sciencecafe)

Come to:

Blessed Hope United Methodist Church

3177 South 107th Str.

West Allis, WI 53227

(414) 541-9050