

## WINTER GREETINGS FROM THE ATRU!

As the snow begins to fall and we transition into a new season, the ATRU continues to grow and evolve. This fall and early winter have brought exciting updates — including new equipment that enhances our research capabilities, new team members, and celebrating milestones across our staff. We're grateful for everyone's dedication and teamwork that enable our mission at the Medical College of Wisconsin to thrive. Here's a look at what's new and noteworthy in ATRU this season!



# **A-TRU NEWS**

A quarterly newsletter brought to you by the Clinical and Translational Science Institute (CTSI) of Southeast Wisconsin

#### STAFF SPOTLIGHT

Please join us in welcoming Mary Stormowski, RN, to our team! Mary comes to us from the Vascular Access Team (VAT) at Froedtert, where she's been a key member since 2011.

Before that, she worked as a Day Surgery RN at Oconomowoc Memorial. With years of IV and phlebotomy expertise, she's ready to jump right in and make an impact.



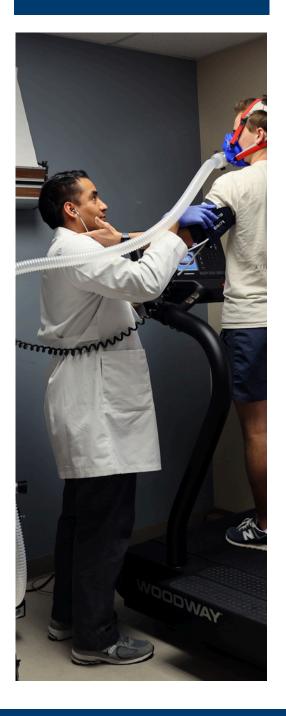
Outside of work, Mary's been busy celebrating—both of her sons got married this fall! She's officially on a wedding hiatus (for now).



We are also welcoming Sonia Gude, a Medical Assistant, to our team! Sonia previously worked in Madison, WI as a Dermatological Research Specialist for the UW School of Medicine and Public Health and as a Phlebotomist for UW Health. She is excited to explore the clinical research realm and make a real difference in advancing medicine!

Outside of work, Sonia loves to dance, being trained in ballet and various Indian dance forms, and travel to exciting, new places (recently the United Arab Emirates!!).

As we wrap up another busy and rewarding season, we want to thank each of you for your continued commitment to excellence in research and patient care. Your collaboration and hard work make everything we do possible. Wishing our entire ATRU and MCW community a warm, restorative holiday season and an inspiring start to the new year ahead!



#### **CELEBRATING ATRU ANNIVERSARIES**

Please join us in congratulating our colleagues on their fall & winter anniversaries with the Medical College of Wisconsin. We're grateful for their hard work, dedication, and the many ways they contribute to our team every day.

- Yolanda Perez, MA– 2 years (Sept 30)
- Bavneet Kaur, Lab 3 years (Oct 2)
- Jennifer Ohlendorf, RN 9 years (Oct 7)
- Lila Petersen, Lab 2 years (Nov 6)
- Lindsay Ruiz, RN 6 years (Nov 29)
- Jesse Chavez-Penaloza, LPN 7 years (Dec 13)
- Kelli Dunham, RD 2 years (December 18)

Thank you all for your commitment and continued service — we appreciate everything you do for ATRU and MCW!

### **EQUIPMENT SPOTLIGHT**

New Tools, New Possibilities - Expanding Our Capabilities ATRU has been growing!

As of September, we've added a new metabolic cart for resting metabolic rate (RMR) testing—giving us exciting new ways to explore energy metabolism and participant health. This advanced system provides highly accurate measurements of how many calories your body burns at rest - valuable information for research studies, athletes, and individuals interested in personal health insights. The metabolic cart will be used across ongoing clinical studies, and employees as well as community members can schedule RMR testing for a fee.

Our audio booth, opened in June, is now buzzing with activity and supporting Otolaryngology studies. The audio booth can be used to study auditory processing, speech perception, how hearing interacts with other health factors, and more. We're thrilled to see how these tools will help advance our research!